

## **Every month is Heart month!**

## CardioChek® Handheld Lipid/Cholesterol Monitor





## Did you know that

## A Pharmacist can provide the following Heart Health services:

- A full cholesterol breakdown
- Provide your Heart Age How old are you really on the inside?
- Diabetes risk assessment and glucose counselling
- Dietary education and weight loss program
- Recommendation of supplements and lifestyle changes
- Medication Review and discussion of how to become medication free

Lipid Profiling & CVD Metabolic Syndrome Diabetes Capture & Management Dietary Counseling & Education